

2015 Dirty Dogwood 5k

Run - Walk - Dirty (mud run)

RACE DATE: Sat, May 16th

CHECK IN/REGISTER: 7:30

RACE START: 9am

Please print and complete all fields

Last name _____ First _____ Sex M__ F__ Age _____

Email Address (to email next years application only) _____

Date of birth (for scoring purposes) _____

Read and indicate which version of the Dogwood Race you plan to participate in.

Race times will be electronically tracked by Score This Racing.

_____ **WALK:** You must walk the entire race. You may NOT run or jog at any time

_____ **RUN:** You may run or mix walking and running. If you plan to run at all, pick this one

_____ **DIRTY:** This is an obstacle/mud run. Same route, obstacles are optional and geared towards fun. There is something for everyone, from 8 years old to 80. Walk or run, do the obstacles or skip them.

I know that participating in a race is potentially hazardous. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of the race officials regarding my ability to safely complete the event. I assume all risks associated with participating in this event including but not limited to falls, contact with other participants and volunteers, the effects of weather, traffic, and conditions of the course. By signing this form I waive and release any and all claims for damage/injury I may have with the sponsor, the American Legion, the race officials, the Town of North Dansville, the Village of Dansville, the Dansville Fitness Club, members of the race committee, volunteers and assigns.

Signature of runner

Date

Signature of Parent/Guardian

ENTRY FEE: \$20 if received before May 9th

\$25 after May 9th

Checks payable to Daniel Goho Post 87

Mail to JP Mummey 5 Ossian St, Dansville NY 14437

Or Drop off at the same address (Dansville Fitness Club)

**EARLY PACKET PICKUP WILL BE FRIDAY MAY 15th FROM 3PM-7PM
AT 5 OSSIAN ST (DANSVILLE FITNESS CLUB)**

Adult T-Shirt Sizes: S__ M__ L__ XL__ XXL__

TRIFECTA SERIES

Register for all 3 unique and local races and get a \$5 discount per race (online only)

Dirty Dogwood 5k May 16 - Raccoon Run 5k June 6 - Jingle Bell 5k December 5

More information can be found online at www.dansvillefitnessclub.com

Or email JP@dansvillefitnessclub.com